



# COMMUNITY RESOURCES

## **BABY FURNITURE OR SUPPLIES**

Center for Pregnancy: 407-648-2701  
B.E.T.A. Center: 407-277-1942  
JMJ Life Center: 407-839-0620

## **BICYCLE HELMET AT NO COST**

Epilepsy Foundation: 407-422-1416

## **CAR SEATS AT NO OR LOW COST**

Highway Patrol: 407-737-2300-ext 1008  
St. Cloud Health Dept.: 407-892-2973  
Orange County Helpline: 407-839-4357  
Car Seat Hotline: 1-877-KID-SEAT

## **CAREER SERVICES**

UCF Career Services 407-823-2361  
One Stop Locations 407-531-1227

## **CHILDCARE**

UCF Creative School: 407-823-2726  
(available for night classes)  
4C: 407-277-1942  
Child Nursery: 407-522-2288  
Orlando Day Nursery: 407-422-5291  
Winter Park Day Nursery: 407-647-0505  
Children and Family Services Center: 1-866-762-2237

## **CHILD SUPPORT**

Child Support Enforcement: 1-800-622-5437

## **CRISIS SERVICES**

UCF Crisis Hotline: 407-823-2811  
UCF Victim Services Hotline: 407-823-1200  
Family Crisis Services: 407-836-6500  
Florida Abuse Hotline: 1-800-962-2873  
Teen Hotline: 407-841-7413  
Shelter Helpline: 1-800-493-5902

## **DENTAL SERVICES**

UCF Dental Services: 407-823-1635  
Dental Society-Dentist Referrals: 407-894-9798  
Children's Medicaid Dentist: 407-317-7851

## **DISABILITY SERVICES**

UCF Disability Services: 407-823-2371  
Independent Living Center: 407-623-1070  
Stepping Stone Equipment: 407-649-4100  
Social Security: 1-800-772-1213

## **FOOD OR CLOTHING**

Catholic Charities: 407-658-0999  
Jewish Family Services: 407-644-7593  
Christian Help: 407-831-4022  
Christian Service Center: 407-425-2415  
Salvation Army-Orlando: 407-423-8581  
Salvation Army-Sanford: 407-322-2642  
Florida Food Hotline: 1-800-329-3663

## **FURNITURE SERVICES**

The Mustard Seed 407-875-2052

## **HEAD START**

Locations: 407-836-8900

## **HEALTHCARE SERVICES**

UCF Health Services: 407-823-3850  
Health Department Locations: 407-836-2600  
Shepherd Hope Locations: 407-876-6699  
Veterans Medical Center: 407-629-1599  
Florida AIDS hotline: 1-800-352-2437  
Mental Health Association: 407-843-1563/1-800-969-6642  
Children's Medical Services: 407-856-6525  
Apopka Family Health Center: 407-866-6201  
Winter Garden Health Alliance: 407-877-4334  
Shriner's Kids Hospital: 1-800-237-5055  
Health Start: 407-741-5240  
WIC Locations: 407-836-2623

## **HEARING SERVICES**

No cost amplified phones: 407-623-1070

## **IMMIGRATION & REFUGEE SERVICES**

Catholic Charities  
Refugee Services: 407-658-0999

## **LEGAL SERVICES**

UCF Legal Services: 407-823-2538  
Lawyer Referral: 407-422-4551  
Legal Aid: 407-814-8310

## **MEDICAID**

Plan Options: 1-888-367-6554

## **MEDICARE**

Hotline: 1-800-633-4227

## **PRESCRIPTION HELP**

RX Outreach: 1-800-769-3880  
The Medicine Program: 1-866-694-3893  
Christian Sharing Center: 407-260-9155

## **RENT OR UTILITY HELP**

Christian Service Center: 407-425-2415  
Community Service Center: 407-851-9521  
Family Crisis Services: 407-836-6500  
Jewish Family Services: 407-644-7593  
Li Heap-Light Bill Help-Orange: 407-836-6500  
Li Heap-Light Bill Help-Seminole: 407-330-5663  
Salvation Army-Orlando: 407-423-8581

## **SHOTS & IMMUNIZATIONS**

East Side Clinic: 407-249-4588  
Seminole County: 407-665-3000  
South Side Clinic: 407-858-1400 Ext 1403  
Winter Garden: 407-877-4320  
Central Boulevard: 407-836-2520

## **VISION CARE**

Vision USA-Referral Services: 1-800-766-4466  
Division of Blind Services: 407-245-0700